Amendments to the Specification

Pages 8- 9

Please replace paragraph 43 beginning on page 8 and continuing onto page 9, with the following:

Figure 5 illustrates one half of a fastseam 200 which also does not require the use of a hammer or the like during its initial assembly, according to another embodiment of the present invention. As depicted in Figure 5, the fastseam 200 includes a female portion 202 which is formed by repetitively bending, or roll forming, the duct material, typically sheet metal or the like, back upon itself so as to form an open fold 204. The open fold 204, in association with a substantially parallel fold 208, serves to define a female groove 206, wherein the open fold 204 includes a sealing portion/fold 220 bent at an angle to the open fold 204 prior to a male portion of the fastseam being inserted into the female groove 206. The sealing portion [[206]] $\underline{220}$ may then be bent in the direction of arrow \underline{E} in order to completely seal the fastseam 200 after the unillustrated male portion is inserted into the female groove 206.